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The Tiverton Senior Center

207 Canoncius Street

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December 2012

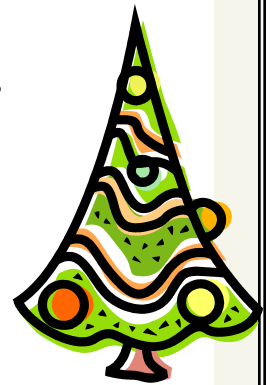
**The Tiverton Senior Center will close on Monday,
December 24 at 12 noon.**

**The Center will be closed on Tuesday, December 25
in observance of Christmas Day and on
Tuesday, January 1, 2013 in observance of New Years Day.**

CHRISTMAS PARTY

The Tiverton Senior Center Christmas Party will be held on Friday, December 21. **Our Party begins with lunch that is served promptly at 11:30.** Music and entertainment will begin at 12:30. Our luncheon menu will consist of:

Pasta Fagiole, Stuffed Chicken Breast,
Marinated Antipasto Salad, Green Beans Almondine,
Italian Bread, and Ice Cream



Reservations are required and the cost of the meal is \$3.00 per person. All reservations will be taken on a first come, first serve basis with members in good standing having first preference. Please sign up early. We will begin taking reservations immediately and the cut off day will be Monday, December 17 or when we reach our maximum number of people—whichever comes first.

On Saturday, December 8, the **Hillside Gallilians, Country Gospel Singers**, will perform at the Senior Center at 2 p.m. Please join us for this free concert. It is open to the public. Refreshments will be served.

MEALS ON WHEELS VOLUNTEERS NEEDED

We are in desperate need of three Meals on Wheels Volunteers to deliver meals to the homebound in Tiverton. We need two for Monday's immediately and we are looking for someone to deliver on Thursday beginning in January. The routes take approximately 1 1/2 hours to complete once you become familiar. There is no monetary payment or mileage reimbursement for this position but the self gratification you will receive far out-weighs the monetary value. If you are able to help us, please call 625-6790 and ask for Janice or Rosalie or stop by the office for more information.

Janice Gomes

Director

Rosalie Burton

Assistant

Bunny Carroll

Office Clerk

Janet Holmes

SHIP Counselor

Richard Barrette

Maintenance

ACTIVITIES AT A GLANCE

Quilting for Charity meets every Monday at 9 a.m.

Tiverton Library Services sponsored Book Club “Words for Wisdom” Tuesday, December 11 at 10:30

Exercise with Deb—Monday, Wednesday, Friday-at 9 a.m. Cost is \$2.00 per class

Watercolor Class, instructor Madeleine Diogenes, Tuesday’s at 1 p.m. Cost is \$3.00.

Chorus under the direction of Starr Medeiros Wednesday’s at 12:30. Cost is \$2.00.

TOPS (Take Off Pounds Sensibly) every Thursday. Weigh in begins at 9:00.

Knitting for Charity meets every Thursday at 1 p.m.

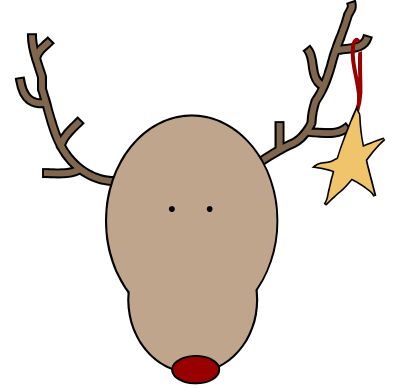
Bingo is held every Friday at 1 p.m.

Walk Away the Pounds—Tuesday and Thursday at 9 a.m. FREE

Center Meeting—Thursday, December 20 at 10:30

Blood Pressure Clinic—Thursday, December 27 at 10:30

Birthdays for the month are celebrated on the third Thursday of the month.



SENIOR HEALTH INSURANCE PROGRAM

Do you need help with your health insurance, drug plan or medical bills? Are you thinking about retiring and need information on Medicare, Supplements, and/or Medicare Advantage Plans? Are you having difficulty buying food or making ends meet? If you are, or if you just have questions—Janet Holmes is at the Senior Center every Tuesday from 9 to 12 to help.

Janet is able to help with Medicare, educate you so that you can choose between a Supplement plan and a Medicare Advantage plan and know the difference between the two. Don't know which drug plan to choose? We can help you choose one that best fits your specific needs. She can help with RIPAE and SNAP applications. She can also address any other problems you may need assistance with. Appointments are necessary.

BINGO Dates for the Month of December are as follows:

Friday, December 7

Friday, December 14

**No Bingo on Friday,
December 21 & 28**



Washington, DC Trip

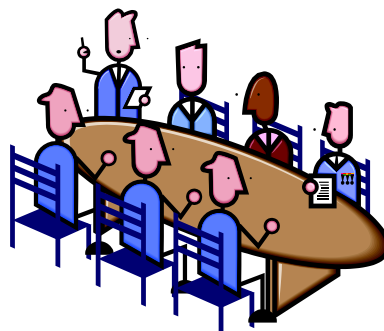
Once again we will try offering a bus trip to Washington, DC, Friday, May 17 to Monday, May 20, 2013. The cost is \$369 per person.

We will begin taking names on January 2. A \$75. deposit is due upon sign up with final payment due on March 3, 2012. We need 40 people to make this trip possible. For more information please see Janice.

CENTER MEETING

The Center Meeting will be held on Thursday, December 20 at 10:30. The purpose of this meeting is to discuss our financial status, the condition of the building and grounds, fund raising, activities, special events, and classes or activities that you would like to see at the Center.

The Senior Center needs you to keep it moving along with fresh, new ideas and new members who actively participate. We need to keep our Center membership and our meal-site participant numbers growing.



The success of our Senior Center depends upon everyone's involvement. Please join us at our monthly meeting and lend your support and ideas.

KNITTING CIRCLE

The Tiverton Senior Center holds a Knitting Circle on the first Wednesday of every month from 6:30 to 8:30. This group meets to work on their own projects and to share ideas, stories, and knowledge.

You do not have to be a senior to join us, all you have to do is knit or crochet. If you have the time, we have the place. Join us on Wednesday, December 5 at 6:30 and enjoy the socialization.

TIVERTON LIBRARY SERVICES

presents "Words for Wisdom" a book club hosted by Prudence Fallon. We will meet on Tuesday, December 11 at 10:30.

If you are interested in joining us, please feel free to attend on the above date at the Senior Center.



HAPPY BIRTHDAY

Genevieve Tavares	01
June Smith	05
Barbara McCormack	05
Rita Nadeau	06
Maureen True	07
Joan-Ann Papademetriou	07
Kathy Fitzgerald	17
Charles Hemingway	18
Wiley Crocket	20
Jean Cameron	22
Carol Hall	22
Arline Oliveira	23
Madeline Perry	24
Carolina Clarke	26
Tom Williamson	27
Angie Chaves	27
Lorraine Foley	28
Rita Quinn	28
Jonalee Collard	28
Dorothy Dube	30
Rita Lindo	30

Beginning on Wednesday, December 26 our ramp will be demolished and the construction of a new one will begin. Everyone will have to use the front stairs to enter and exit the building. Approximate time frame of construction, weather permitting, is 2 weeks. Please be patient and use caution when entering and exiting the building during this time. The end result will be well worth it. If you have any questions or concerns, please feel free to come and talk to me. Janice

ANNOUNCEMENT FROM THE DEPARTMENT OF PUBLIC WORKS

Towards the end of December you will receive a bright green flyer in the mail.

This will be the trash pickup and yard waste schedule for 2013. **DO NOT THROW THIS AWAY.** It is the only one you will receive.

New Bus Driver

We have a new bus driver. His name is Ray Benoit. Welcome to the Senior Center and our close knit family.

We wish you the best and hope you'll be with us for a long time.



Recipe for Christmas Joy

Ingredients:

1/2 cup Hugs, 4 tsp Kisses

2 cups Smiles, 4 cups Love

1 cup Special Holiday Cheer

1/2 cup Peace on Earth, 3 tsp Christmas Spirit

2 cups Goodwill Toward Man,

1 Sprig of Mistletoe

1 medium-size bag Christmas Snowflakes (the regular kind won't do!)

Mix Hugs, Kisses, Smiles and Love until consistent. Blend in Holiday Cheer, Peace on Earth, Christmas Spirit and the Good Will toward Men. Use the mixture to fill a large, warm heart, where it can be stored for a lifetime. (It never goes bad!) Serve as desired under mistletoe, sprinkled liberally with special Christmas Snowflakes. It is especially good when accompanied by Christmas Carols and Family get-togethers. Serve to one and all.

Author Unknown



*The Staff at the
Tiverton Senior Center
would like to wish everyone a
Very Merry Christmas
and a
Happy, Healthy New Year.*

Janice, Rosalie, Bunny, & Rick



Tiverton Senior Center
207 Canonicus Street
Tiverton, RI 02878

This newsletter is "Funded in part by the United States Administration on Aging and state funds through the RI Division of Elderly Affairs."



FOR YOUR INFORMATION...

The Tiverton Senior Center bus is for any Tiverton resident who is 50 or older or handicapped. It is a free service that is provided by the town. Our bus goes out on a regular basis to the following locations:

Tuesday: Harbour Mall area shopping

Wednesday: Tiverton shopping includes, Rite Aid, CVS, Bank Newport, US Post Office and Seabra in Fall River

Friday: The second Friday we offer a bus trip to the Dartmouth Mall area

The fourth Friday we do a bus trip to the Swansea Mall area

On all days you may be dropped at the Senior Center either before or after shopping.

Reservations are necessary. Please call 625-6790 to reserve your seat. Our bus service is for the community. We do not individualize our bus trips.

TSC Knitting & Quilting Volunteers have their work on display in the glass case in the rear corner of the dining room. Please feel free to drop by and see the lovely hand work our volunteers create. New volunteers and their talents and creativity are always welcome to join this group. They meet every Thursday from 1 to 3 p.m.

